



## ***“Embracing Hope, One Step at a Time”***

A 7 Session Introduction Peer to Peer Support Group

for families that are grieving the death of someone special. No cost to attend

WNY Compassion Connection Introduction Group will provide peer support and activities to families who have suffered the loss of a significant loved one. Compassion Connection is not a formal counseling center, it is a community and a place for children and families to come together to share and mentor each other in their grief. Families will have support of their peers, specially trained staff and volunteers. No child or family shall grieve alone.

1st Session to start March 13, 2025

Families must attend all 7 sessions.

Thursday Mar 13, 2025	Group Building
Thursday Mar 20, 2025	Tell Your Story
Thursday Apr 3, 2025	Memory Building
Thursday April 10, 2025	Coping
Thursday May 1, 2025	Grief Expressions
Thursday May 15, 2025	Supports
Thursday May 29, 2025	Closing

Adult Peer Group

Navigators Peer Group (Ages 12-18)

Pathfinders Peer Group (Ages 7-12)

Little Lanterns Peer Group (Ages 5-7)

Time: 6-8pm

Dinner 6-6:30pm

Groups 6:30-8pm

**Please reach out at 716-288-7780 to reserve your spot.**