

"Embracing Hope, One Step at a Time"

A 7 Session Introduction Peer to Peer Support Group for families that are grieving the death of someone special. No cost to attend.

WNY Compassion Connection Introduction Group will provide peer support and activities to families who have suffered the loss of a significant loved one. Compassion Connection is not a formal counseling center, it is a community and a place for children and families to come together to share and mentor each other in their grief. Families will have support of their peers, specially trained staff and volunteers. No child or family shall grieve alone.

The next intro group begins September 18th-November 20th.

Thursday Sept 18, 2025 Thursday Sept 25,2025 Thursday October 9,2025 Thursday October 23, 2025 Thursday October 30, 2025 Thursday November 13, 2025 Thursday November 20, 2025

Group Building Tell Your Story Memory Building Grief Expressions Coping Supports Closing

Adult Peer Group Navigators Peer Group (Ages 13-18) Pathfinders Peer Group (Ages 7-12) Little Lanterns Peer Group (Ages 5-7)

Time: 6-7:45 pm Dinner 6-6:30pm Groups 6:30-7:45 pm

Location: WNY Compassion Connection 3966 Walden Ave Lancaster, NY 14086

Please reach out to Barb or Lindsey at 716-288-7780 or <u>barb@wnycompassionconnection.org</u>, <u>lindsey@wnycompassionconnection.org</u>, by September 9th to confirm your attendance.